

FALL 2010 ADULT SCHEDULE

732.927.4417

WWW.APDANCE.COM

Ongoing classes from September 13th.



	Monday		Tuesday		Wednesday		Thursday		Friday	
	Studio 1	Studio2	Studio 1	Studio2	Studio 1	Studio2	Studio 1	Studio2	Studio 1	Studio2
9am to 10am		Soul Sweat Asana (Terra)								
6pm to 7pm		Adult Tap (Katie)								Zumba (SoJo)
7pm to 8pm		Belly dance Fitness (Gabi)	Adult Hip Hop (Mary)	Adult Ballet (Katie)		Zumba (Brooke)	Ballet Tone and Stretch (SoJo)	Hoopercize (Terra)		
8pm to 9pm				Adult Modern (Katie)		Adult Cabaret (Katie)		Zumba (Brooke)		

Saturday

	Studio 1	Studio2
8:30am to 9:30am	Community Yoga \$5 (Katie S.)	
12pm to 1pm	Zumba (Brooke)	

Drop In: \$15
5 class card: \$65
10 class card: \$130
15 class card: \$170
Unlimited Monthly: \$100